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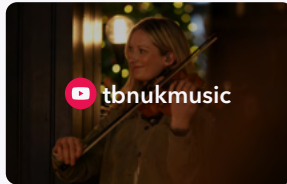
**TBN** | UK

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Summer 2023

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**“People are not strong because they've been born with different character traits or genes. They're strong because they've been given so many opportunities to develop that strength.”**

– Lauren Windle, Sisterhood



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A man with short, light-colored hair and a beard is performing on stage. He is wearing a dark hoodie and is playing a light-colored acoustic guitar. He is looking down at the guitar with a focused expression. A microphone on a stand is positioned in front of him. The background is dark with some stage lighting visible.

# A moment with Bethel Music

We caught up with Bethel Music during the very busy summer season, as we all prepped for Big Church Festival and their headline performance. We chatted a little about how we can pursue God's presence, and what inspired their new album.



**You've been very busy this summer! Who turns up the earliest to rehearsals?**

Our team does a great job of trying to be on time, but our early birds are definitely David Funk and Nick Stailey!

**We love the song 'The Great Beyond'. For those who don't know what is 'the great beyond'?**

The life and breath of the song is all about being in a space that we don't understand and finding our compass, our centre, and our anchor in Christ leading us through it... that He is, in fact, the world without an end, but we're not lost in it. We have the compass of Jesus. It says: "even in the great unknown we have a hope, we have a home because God, You are a world without an end."



**The new album 'Come Up Here' is inspired by Revelation 4:1. Jenn, what about that verse spurred your creativity?**

Revelation 4:1 says, 'Come up here and I will show you what to do next.' It was really something that the Lord had spoken to me about during COVID in 2020, about how people were getting caught up in opinions, noise, chaos, and division. When I was captivated by that verse, I knew that there was a song in it, but more importantly, I knew that there was a project that we had to do that just got our eyes off ourselves and onto who God is – His faithfulness, glory, and holiness.



**The song 'Inheritance' is a declaration that in a world of options, nothing satisfies more than relationship with the living God! What sacrifices have you had to make to pursue Him?**

I think we've learned to give up expecting the world will satisfy our deepest desires. The only true satisfaction can come from God. We want to be where He is and nothing else will come close to His presence.



**There's definitely a theme of thinking outside of our humanness and connecting with the Spirit and heavenly realm – why is this important?**

It's so important to focus and fix our eyes on God, the Alpha and Omega, and His timelessness versus just the things in life, our humanity, and nonsense. I think it really is an invitation to live in the Kingdom realm – to think like the Kingdom, to hear the voice of the Lord, the leading of the Holy Spirit in our life.

**How can we hear the voice of the Lord?**

There's nothing in life that God's not speaking to us on. He's speaking to you everywhere – in nature, colour, friends, community. God created everything to show Himself to us. That's the invitation of Come Up Here, 'come up here and I, the Lord, will speak to you personally about everything and anything.'

There's this idea of not only the heaven that we go to one day, but the heaven that is the here and now, of knowing Jesus. Remember that you're born for the spirit realm, you're born for the Kingdom realm.

You're not of this world.



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## Love Languages

# Choosing the right attitude

**We all need advice on love and relationships from time to time. So, when the author of a New York best-selling book on how to love well came to town, we had to bring him in to share his wisdom.**

Dr Gary Chapman has sold over twenty-million copies of *The Five Love Languages* and, as a well-known marriage counsellor, pastor, and speaker we sat down to ask him more about this worst-kept secret to relationship success. Having seen many couples go through

the process of healing, Gary reminded us: "God did not ordain marriage to make people miserable." We decided to get his top tips on figuring out what our loved one's love language actually is!



# How to spot a love language

Dr Chapman said: "Observe their behaviour. If you want to discover your spouse's primary love language, there are three simple ways:

## How do they express love to others?

If they're giving words of affirmation to others, that's probably their language.

## What do they complain about most often?

If they're saying: "We don't ever spend any time together," they're telling you it's quality time.

## What do they request?

Most often the request is revealed in the Love Language. If you're going on a business trip and your spouse says: 'Be sure to bring this surprise,' they're telling you gifts is their love language!

If you put those three things together, you can pretty well figure out what their love language is, and what your love language is. If a husband and wife discover each other's language and speak it, they're going to be on the road to having a good marriage."

And these love languages aren't just for couples. They're for everyone! Friends, colleagues, and family alike. He even encouraged us in loving strangers: "Love is looking out to enrich the lives of everybody you encounter and every single day you

choose your attitude either to be selfish or to be loving. If we don't have the attitude of love, we will not enrich the lives of the people that we encounter. It's God's intention that we be lights in the midst of darkness, and the most powerful way we do that is by expressing love."



**Watch the full interview with Dr Gary Chapman on YouTube**

[▶ TBN UKtv](#)



Introducing

# Worship Studio

**Our new playlist on the  
TBN UK Music YouTube channel.**

Immerse yourself in, *you guessed it*, great worship music filmed in our London-based TV studios! Our goal is to help you encounter God's presence in your home and on the go.

**Why not fill your day with a  
soundtrack that feeds the soul?**

Our first guests, KXC, recorded half an hour of great music with their team of worship leaders and songwriters from King's Cross Church in London. Listen to their recent single 'Pull Me Through' and favorites like 'Yes and Amen' that'll be sure to get you singing along.



## What is Leadership?

Throughout our Leadership Course, we'll take a look at many facets of leadership, including love, humility, and vision which all play a huge part. But first let's look at some of the world's definitions of leadership:

According to the  
*Harvard Business Review*:

'Leadership is the accomplishment of a goal through the direction of human assistants.'

While *Forbes* claims that:

'Leadership is a process of social influence, which maximises the efforts of others, towards the achievement of a goal.'

These definitions can inspire us in our roles, however **Christian leadership isn't just about harnessing a collection of minions to reach our own goals.** We need to look at more than just our own human agendas, and seek to serve those around us, as we pursue God's call on our lives.

## Are there different types of Leadership?

Today's generation love a personality test! There are hundreds of quizzes that'll tell you what type of leader you are. As it happens, many academic journals and professional bodies also agree with five main types of leadership (coined by Lewins in 1939):

### Autocratic

"Follow instructions and do as I say."

### Delegative

"I believe in you, do it yourselves."

### Transformational

"Here's the vision, let's all grab hold of it!"

### Democratic

"I'll lead, but let's decide together."

### Transactional

"You help me, I'll help you."

While these descriptions are condensed and simplified, we hope you can see the driving force behind each. Each of us will have a preference and a biased reaction as we read these phrases - but each of these styles of leadership can be used positively! It just depends on the context. In Jesus, we see many styles come together as He exercises wisdom in knowing how to lead different people, at different times.



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course and more!

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*Sisterhood*

# Women: Judged or Disqualified?

**From mental health fluctuations to menstruation and more, are women unfairly measured or disqualified just for being female?**

We sat in on a vibrant discussion with writer and addiction specialist Lauren Windle, comedian Cassandra Maria, and columnist and editor Tola Doll Fisher, for our new online series: *Sisterhood*.

These powerhouse women discussed success in their careers, the Soft Girl movement, and why representation is important.

With a career in journalism and media, Lauren has seen her fair share of reporting on the sexes. Leaning in, she admitted: "I was writing, and I wrote the term 'girl boss'. I was told off by my editor because it's not an equal term. No one says 'boy boss', you're either a boss or you're not!" The other women agreed as Cassandra explained with a hint of resolve that she is a comedian – without need for the 'female' suffix.

Realistically, it's not only gender that creates certain expectations. It's all that comes with it. Tola, presenting a frustrated head tilt we can all empathise with, explained: "What I've found really annoying is that when I had what people might think of as a 'bad day' in the office, people used to say to me: 'Are you on your period?'" much to Lauren and Cassandra's disapproval. As the girls shared anecdotes and stories, Tola continued, balancing the argument. She reflected on the potential benefits to acknowledging the disadvantage women have. "I think it's OK to own it. These are the things that affect our mental health and our general levels of health. And I think that part of this 'soft girl movement' is that we allow ourselves to move with the cycle of our bodies and not to just work relentlessly and push past it all the time, not acknowledging that we're actually in a very weakened position."

From whichever angle the topic was looked at, it became clear through the conversation that women seem to have many expectations placed on them. From the presumption that they can 'do it all' to the judgment that they shouldn't want to! It seemed to be a common thread that women were expected to carry a lot. Another label that contributed to this conclusion was that of race. Lauren reflected on what she'd seen in her own circles.

She explained: "I've seen a lot of pressure put on my friends who are black because there's this assumption that nothing can rock them; that they are fearless, that they can stand up against anything, that they're the matriarchs. You could be rude to them, and it wouldn't affect them," she explained before delivering this epic observation, "But actually, what I've found is that people are not strong because they've been born with different character traits or genes. They're strong because they've been given so many opportunities to develop that strength. The people who show up with that level of resilience are because they've had to be resilient."

Round of applause. The conversation continued with plenty more lightbulb moments and lifechanging advice and we were glad to have been around to capture it.



**Watch Sisterhood  
on YouTube**

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 **sisterhood.tbn.uk**

# Christian TV

## for sceptics like me



Graham Ormiston  
CEO, TBN UK

Before I started at TBN UK, I was sceptical about Christian TV. I'd heard stories of prosperity preaching, sketchy theology, and felt that TV was no substitute for the local church. Perhaps you can relate?

Five years ago, I began a journey only God could have ordained, eventually leading to me becoming CEO of TBN UK. How did I go from a sceptic to a whole-hearted believer in God's intention to use free-to-air TV to glorify His name?

Let's discuss money, community, theology, and unity.

### Money

When I discuss Christian TV with many people, money often comes up.

TBN UK is a non-profit organisation, and as I now have an intimate knowledge of the budgets, this is simple enough: money is important because it costs us £3.6M per year for a licence to air on Freeview and Sky. That's before we pay our staff, rent, or make any programmes, let alone a cup of tea. But isn't £3.6 million a low price to pay for the results? Viewers have testified, for years now, that they stumbled across the channel on TV and God spoke to them. That's what we live for.

### Community

There is no replacement for an in-person community of believers, uniting over shared worship, prayer and study. But I would challenge the assumption that this is the only valid Christian community.

Some of our viewers would be persecuted by family or society for responding to the Gospel but can do so in the privacy of their homes. Some viewers are infirm, or unable to afford travel to local Christian communities. Others have told us

that the channel has been an unexpected lifeline during debilitating grief or depression. This doesn't mean these viewers will never make it to church - but their salvation is not dependent on attendance. Viewers may even be encouraged to start attending a church to meet other like-minded Christians.

### Theology

Imagine a single preacher who ticks the theological boxes of all 50,000 churches in the UK... apart from Jesus, it would never happen! It's no different on TV. Not all content is for everyone. We seek to deliver varied programmes that represent the diversity of the Church and amplify what God is saying and doing across the UK, whether retired or teenage, Anglican or Pentecostal.

### Unity

I have been so excited to witness the bold and courageous faith of men and women that God is working through in this nation. The media wants to tell us a story that is contrary to the story of Gospel growth that we see when we speak with other Christian organisations.

TBN UK's mission is to **share the love of God and champion authentic Christianity in the UK through quality TV and online media**. I believe TBN UK is unifying the Church in this nation. Despite our many differences, we can unite to share the Gospel message as broadly as possible.

Faith comes from hearing (Romans 10). The price of sharing the word widely can be high in worldly terms. But the reward is worth all the devotion of time, worship, energy, sweat, prayer, money, and tears.

God bless,  
Graham

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## SPEAKERS



RUTH ANEKWE  
Chair



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### Worship Studio with KXC Worship

Soak in worship with this uninterrupted set from KXC Worship

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Thank you for giving us in-depth Bible teaching that we cannot get elsewhere. Since I started watching TBN UK a few years ago, my understanding of the Bible has grown so much.

Jenny



Whenever I put the channel on I am still blessed. I grew so much during lockdown and will always be grateful to the TBN UK team.

Sally



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